

## What is Reiki?

The word *Reiki* is commonly translated as meaning *Universal Life Energy* and it is a very old and entirely natural method of healing issues or problems at all levels of the body, be it physical, emotional, mental, or spiritual. Reiki practitioners have undergone attunements which enable them to deliver this Universal Life Energy to others (people, plants or animals) via their hands.

## What are the benefits of Reiki?

Reiki is ideal for use with animals because it is gentle, non-invasive, and it doesn't cause stress, discomfort, or pain to the animal. For sick animals, Reiki is a wonderful healing method as well as a safe complement to Western Medicine, Chinese Medicine, homeopathy, flower essences, and many other forms of healing. For dying animals, Reiki is a powerful yet gentle way to provide comfort, relief from pain, fear, anxiety, and to ease the transition to death. For animals who are otherwise healthy, Reiki can help to maintain their health, enhance relaxation and provide an emotional sense of peace and contentment.

## How are Reiki treatments given to animals?

Reiki treatments can be given in person at our day spa or in the animal's own environment. Alternatively, distance healing can be just as effective and, in some instances, this can be preferable especially for those animals living in remote areas, or who are fearful of strangers, old and fragile, or close to death.

For owners with busy schedules, alternating distance and in-person Reiki treatments can be a great way to be able to give your animal the benefits of Reiki more conveniently. Distance treatments are cost-effective and quick to schedule – which can be especially important in emergency situations.

## What results should I expect to see following a Reiki treatment?

Results can usually be seen in the 24-48 hours following a treatment. While healing can often be seen within 1-2 treatments, a regularly scheduled program of Reiki can ensure the continuing health and well-being of the animal.

## How often should Reiki treatments be given?

<b>Horses</b>	Working or in full training (endurance, dressage etc)	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Undergoing rehabilitation	a treatment program of 4 sessions on consecutive days, then followed up with 1-2 treatments a week until recovery.
	Retired	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Nearing death	a series of treatments on consecutive days, followed by a few times a week or as needed for support in this process.
<b>Cats &amp; Dogs</b>	Working, agility or show	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Recovering from injury or illness	a treatment program of 4 sessions on consecutive days, then followed up with 1-2 treatments a week until recovery.
	Elderly	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Nearing death	a series of treatments on consecutive days, followed by a few times a week or as needed for support in this process.
<b>Birds &amp; small animals</b>	Health maintenance	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Recovering from injury or illness	daily treatment or as often as needed until recovery.
	Elderly	a treatment program of 4 sessions on consecutive days, then followed up with treatments once a week or every other week for maintenance.
	Nearing death	daily treatment or as often as needed for support in this process.

**Note:** While Reiki is a powerful healing system on its own and complements other natural therapies that may assist with your animal's recovery, it should not be a substitute for traditional veterinary care.